

New Social Order in the Pandemic Era: A Study of Health Sociology in Makassar

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Corresponding Author Darwis, Darwis STIKES Nani Hasanuddin Makassar, Indonesia Article History Received: 16 / 08 / 2025 Accepted: 01 / 09 / 2025 Published: 05 / 09 / 2025	Abstract: The type of qualitative research through the phenomenological approach, as well as the results showed that the Penularan Covid-19 was a form of human interaction that in their social life mutually greet, intertwining, chatting, and apparently through this kind of interaction the virus then spread. Physical and social distancing efforts are said to be an effective effort to prevent the spread of Covid-19. Community disobedience to distancing causes Covid-19 pandemic to become worse and more victims falling, this is in persevere because of social behavior of the community in interacting with various issues that tend to affect the physical condition so as to cause the condition of the body to get sick so that this condition makes the virus easy to get into the body. While the public understands healthy is a condition not sick. Pain can occur due to a germ or microbial infection into the human body and its infectious nature. There is also a degenerative pain that damages the body's organs (heart, stroke, hypertension, diabetes) because the diet and lifestyle is not appropriate. Covid-19 is a viral infection that is currently spreading rapidly and difficult to overcome because it has not found a vaccine to prevent the virus. Keywords: Corona, Pandemi, health, community, social
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Introduction

At the beginning of its appearance, this virus received various responses arising from the people of Indonesia. Some begin to be cautious and apply a healthy lifestyle, but many more do not care and seem disparaging; Even make this virus as a material of Candaan. Not only ordinary people, officials also underestimate the existence of this virus and do not prepare or anticipate the emergence of this plague in Indonesia. Even when the COVID-19 began to spread rapidly to various regions and some countries have closed the access out of the entrance, the government and the citizens still impressed relaxed and less do not sleep prevention against this virus.

In fact, people who behave in a fool with the appearance of Corona virus are fewer than people who care about the prevention of this virus. However, their indifference is what then accelerates the spread of viruses. People in this group are usually people who feel themselves immune and people who assume that science is not entirely true (Ghaemi, 2020).

Uncertainty, confusion, and emergencies caused by Corona viruses can be a stressor for many people. Uncertainty in knowing when the plague would end up making many groups especially the lower middle class confused about their fate. Life that goes as usual without livelihoods makes them difficult to meet the necessities of life. The presence of Corona viruses that threaten everyone is likely to be a stressor for most people, and the impact can be as similar to the impact that the Corona virus infected itself (Taylor, 2019).

The fear of death is a fundamental psychological conflict in humans (Knoll, 2020) and in accordance with the theory of terror management, the fear of the uncertain death of coming to make people do things to defend his life (Greenberg, Pyszczynski,

Solomon, 1986). The existence of COVID-19 certainly makes the terror felt increasingly intense. Obviously, there are some positive and negative things that people do for survival.

To reduce anxiety in society, it is fitting for us to do things to increase the optimism of the community in the midst of this pandemic. People who are still able to meet the needs of his life are increasing their concern by contributing to help the group who can not afford to do fundraising, make donations. There are also other groups that help to stitch the PPE for healthcare professionals and produce masks in large quantities to share with people who still have to work outside. Because of this Corona virus, people are also more concerned and living a healthy lifestyle. These are a small part of the self-defense efforts undertaken by the public to avoid the COVID-19 infection

Outline Theory

Social Interactions

The understanding of social interactions is a variety of social relationships related to the relationships between individuals, among individuals with groups and groups with groups. If there is no social interaction, then in this world there is no life together. In addition, the social process is a reciprocal interaction or is referred to as a mutually affecting relationship between one human and the other and this relationship lasts a lifetime in the community. According to Shaw social interaction is a personal exchange that can demonstrate each other's behavior. Each of these behaviors will affect each other. Thibut and Kelley also said the same thing. They argue that social interactions are events that affect each other when two people come together. Essentially, if two or more people meet together and can create actions that affect each other, then this is called a social interaction because they do communication.

So in interactions, every action someone is useful to influence another individual. Bonner said that interaction is a relationship between two or more persons and individual actions may affect or alter other individuals. Of all the understanding that experts have conveyed, it can be concluded that the understanding of social interactions is "a relationship between two or more individuals

Individual behaviour that one affects, converts, or

To improve the behavior of other individuals, or otherwise ". Social interactions not only speak of actions but those actions may affect other individuals.

Terms of social interactions

There are two main terms of social interaction such as social contact or social contact and communication or communications.

Social contacts

The contact is taken from the Latin word con or the cumshot meaning it is together and the tangere which means to touch. Contact means literally to touch together. Contact is a social symptom if understood in sociological sciences.

One can relate to the people without doing physical touch such as communicating by mail, phone, and much more.

So social contact is a group or individual action that is embodied in gesture form and has meaning for the recipient and the perpetrator. The receiver will reply the action with reaction. Contacts can be distinguished by relationship level, form, nature, and way.

Based on how

Contact can be distinguished from the way that direct and indirect contact. Direct contact occurs from a physical touch like sign language, smiling, and speaking. While the box is not directly done with certain media such as letters, Telegram, Radio Television, telephone, and so forth. **Berdasarkan Sifat**

There are three kinds of contacts based on their nature, group contacts with groups, individuals with groups, and between individuals. Contact between individuals can be seen when a child is learning about the habits of his family.

Group contacts with groups can be seen during a soccer game between students. The last contact between individuals and groups can be seen when teachers are training pupils so that pupils follow the same moves with their teachers.

By Form

Contacts have two forms of positive and negative contact. Positive contacts only occur in cooperation. It can be seen when the seller serves the buyer well. Negative contact only occurs in opposition and can decide on interactions such as war between Israel and Lebanon.

By relationship level

- Relationship level, the contact is divided into primary and secondary contacts. Primary contact can occur when the person is instantly met. An example is throwing smiles, shaking hands, and so on.
- Secondary contacts only occur through media or intermediaries. The Media can be a tool or a person. This contact can be done directly and indirectly. For example, when you talk over the phone.

Communication

- You should also communicate when interacting. Communication is a reading of physical feelings or gestures. It will then appear expressions of feelings and attitudes such as rejecting, fear, doubt, delight, and so forth.
- This is a reaction to the message conveyed through such communication. If there is any action and reaction, it is referred to as communication.
- Communication is an action that a person takes to convey a message to another person and that person will give a signal or interpretation of the message by showing a noticed or behavior.
- Perhaps you see that communication is similar to a contact but despite a contact, you cannot guarantee that a communication has occurred because this activity requires people to understand the message.
- Communication has four elements consisting of feedback, message, Communication media Communicators (Sender & Receiver).
- The sender is the person who sent the message to others and is commonly referred to as communicator.
- The receiver is the person who receives the message from the sender or called communicant.
- Messages are information delivered by the sender to the recipient.
- The Media is the means or tools used to convey the message. Media consists of 4 groups of mass media, public media, group Media, and private media.
- The feed back or feedback is a reaction that the recipient has on the message that has been received.

Types of social interactions

Social interactions have a variety of shapes and are grouped by shape, way, and subject.

- Interactions between individuals and individuals
- Interactions between groups and groups
- Interactions between individuals and groups

Individual social interactions with individuals are interactions when two individuals meet in person and interact with each other even if it is in such a simple form, greeting each other and smiling while on the road.

Group and group interactions are interactions when 2 different groups meet each other. Communication intertwined is no longer related to personal matters but the interests of the group. For example meeting between Ormas etc.

While individual and group interactions are interactions where a person communicates with a cumpok or more than three people. Such as someone who berorasi on the podium etc.

Various forms of social interaction

Social interaction is thought to be two forms of Asoiatif and dissosiative. Each have different subsection sections. Here's the explanation

➤ Associative forms of social interaction

Associative is the result of a positive relationship and can generate unity. Here are a variety of associative social interactions:

➤ **Cooperation**

It is a joint effort that people do for common purposes. In such cooperation, people will support each other, synergize, and help each other. The result of this cooperation can produce a harmony such as mutual assistance made by the village community.

➤ **Accommodation**

If the community complies with all the prevailing norms in the region, this is referred to as the accommodation. The form is elimination, segregation, adjudication, conciliation, mediation, compromise, and Coercy. The goal is to unite understanding from the various groups so that no one is in the fight.

➤ **Assimilation**

This is the melting of two distinct cultures and becoming a new culture for common purposes.

➤ **Acculturation**

It is similar to assimilation but the original culture of the group still exists. Two cultures blend and produce a new culture without making the original culture disappear.

Social interaction of dissociative form

Dissociative is the result of negative relationships and can lead to divisions. The following are various social interactions:

➤ **Opposition**

This is a group or individual who blames and defies something that is long and the culprit is referred to as an oposan.

➤ **Competitions**

This is the effort done to achieve achievements and determine the best.

➤ **Contravention**

It is in the middle between competition and opposition. This makes individuals feel indecisive because of the uncertainty of other individuals or conceal his feelings because of other individuals.

Research Methodology

This research uses a phenomenological approach and is classified into qualitative descriptive research. The data sources in this study include: primary Data source, secondary Data source. While the Instrument research is the researcher itself. The data collection techniques used are: Interview technique, observation, documentation. Meanwhile, the data analysis techniques used are: data collection, data reduction, presenting data (display data), draw conclusion (drawing).

Discussion

According to historical records, almost every 100 years a variety of outbreaks, Histirio, even Pandemi struck the world. At least, we can sequence starting in 1720, the plague of Marseille occurred. As the name suggests, this plague took place in Marseille, France. Killed at least 200,000 people. Next in 1820, a cholera outbreak occurred. The death rate because of this virus is also not a little, there is no definite record, but spread to Indonesia. In 1920, Spanish Flu occurred, about 500 million people. The next hundred years, the world is shaken by the Corona Virus that started its carierin the Wuhan area of China. How this virus is ravaged the

life of the bamboo curtain country. China made hassles, in not so long time, hospitals was successfully built. The government spends not less than Rp. 200 trillion to cope with Corona. Because of its very fast and transcontinental spread, the WHO established the spreading of this virus over the outbreak and Histirio, namely the Pandemi. Almost all countries registered in the UN infected with this virus, including Indonesia then spread to South Sulawesi through the gate of Makassar City as a place of initial transit before continuing to travel to other areas within the scope of South Sulawesi, the number of Makassar citizens who spread outside the city of Makassar with a variety of activities of the service, business, trade between the region allows interaction occurs so that contamination , while the spread of viruses scattered among people who are infected to a healthy person, if reading some of the literature, both from the oral authorities or the writings of medical experts or genetics, this covid-19 virus is very troubling. Human and animal transmission Media. Simply by touching the virus will be infected. One person who has been positively shaking hands with others will most likely be infected, as long as the anti-virus has not found, the most can be done by the population is to stop or decrease the rate of spread. Hence, there is a Lock Down solution. On the one hand, this notion can withstand pace or localize the spread of viruses. Stop the ativity, school, office, travel. All that is where the activities of the crowd must be stopped. This idea has been applied in some countries that have contracted Corona, such as Italy. But there are also countries that do not Lock Down, but still try to break the chain of virus spreading, such as South Korea. Both solutions have advantages and disadvantages. Lock Down For example, if the Indonesian government, especially the city of Makassar stop all activities, then will impact on the activity of the population, this condition will be withheld at the activities of both the market, private companies, government offices, farmers, fishermen and so on, comparing with the question of choosing congratulations or life is also irrelevant. Stopping all activities is also a great opportunity of chaos, looting, and various social conflicts. All we want is to survive the virus by staying alive. This is what leaders should think of, from the president to the head of the district, the Camat, the Striah according to their individual roles and functions.

The results of an interview with one of the citizens of the town Makasar said as follows: The spread of the virus corona affects the health and creates fear in the whole community so that we citizens should anticipate using a mask, if not too important then do not go out of the house, yes communication with friends DN family can use the phone or through whats up (*Interview Ibu H July 2020*)

The effort to implement strict health protocols, especially at the entrance-exit between regions and the entrance of Indonesia is so important, for the scope of the state, especially linking Indonesia to the outside world, there must be operational standards of procedures, such as in airports, terminals and docks. Government efforts and collective consciousness. So far, the Government has not conveyed the need to stop all activities. Government announces teaching, worship, work done at home. The government looks very cautious about the use of Lock-Down terms, where all activities are terminated. "With this condition, it's time for us to work from home, learning from home, worship at home. It is time to work together, help each other, and unite, mutual assistance, we want this to be a community movement so that the problem Covid-19 can be handled with maximum, in line

with the policy of central government, the government of Makassar and Regency/city began to follow it by issuing policies, school holidays for two weeks. Not until 24 hours since the announcement was issued, was directly responded by the public. Some market points in the city of Makassar look a lot in the assault by mothers, they are shopping not as usual, shopping in large quantities, perhaps to stock a few weeks. Some commodity types price directly moving up. In public policy sciences, each policy should consider all aspects. The policy of stopping some activities should be followed by other policies. For example, school holiday policy should be considered how to fill the holiday time. Do not arrive, school holidays are used to visit one place, be it a tour or to the provincial capital area, the regional head must issue the instruction to its ranks to stop while traveling abroad, outside the area and within the area, except the urgent thing, either use a personal budget, let alone use the state budget. If it came to the conclusion of the need to stop total activity, the leader should think about its social impact mitigation policy.

According to Jihra's mother in the city of Makassar: He said that there is an appeal from the government about the protocholinergic such as limiting activity, wearing masks and handwashing is very important for our health together (interview results July 2020)

The existence of the plan of restriction of activity in the market will impact on, the daily necessities of goods become scarce, the price of high soar, weak economic community can not meet the needs of life. That's a glimpse of the complexity of issues to consider if doing total isolating. Termination of virus spread is very important, ensuring the community can still live life is also not less important. Do not arrive, avoiding from the Corona virus will die Merana. The function of stopping activities involving the crowd is to break the chain of viral propagation, including school, workplace. Need awareness from all of us to realize it. We are expected not to migrate from one city to another. Because we cannot ensure it is free of the deadly viruses. It could be that we who carry viruses or have viruses, it is good to stay in one place. As a precautionary effort, avoid direct contact, wash hands with soap, maintain diet and health, keep up with the development of the authorities more, cling to the rope, while praying that this deadly virus is immediately found its handling pattern.

Team of medical specialists handling Covid-19 Sulsel Prof. Syafri Kamsul Arif expressed an increase in the case of Covid-19 in South Sulawesi, especially in the city of Makassar, caused by the lifestyle of local people. Syafri mentions, in the face of this period of pandemic, the people of Sulsel especially Makassar has a fairly unique character. For example, there are still many people who are abai to the implementation of health protocols. For example, use masks when activities outdoors. Lack of that awareness, judged can be an easy trigger to the transmission of the Corona virus that occurs between one person to another. "This society has been concerned with lifestyle. But the key is the realization that how we can avoid contracting this virus," said Syafri in video conference on Tuesday (23/6/2020). Unknown, the accumulated number of cases in the current Sulsel reaches 4,063 cases. Entering mid May, consistently the addition of daily cases in South Sulawsi is above 100. As of today, the addition of the daily case of Sulsel even reaches 154 new cases. It became the only area outside of Java with the case of the highest Covid-19 after DKI Jakarta and East Java. Previously, former vice president of INDONESIA Jusuf Kalla said that the handling efforts of Covid-19

in Sulsel were good enough. It only has weakness in a very minimal precautionary measure. It takes a quick step even quadrupling to suppress the rate of Covid-19 cases in Sulsel.

According to the results of interviews with one of the citizens of Makassar said: In principle we do not want to hurt, everyone wants to be healthy, for that we citizens must maintain health, so all affairs are limited, for activities that are not too important should be more at home while hanging out with family (interview Ibu S, July 2020)

Improvement in the case of Makassar city is also because of the common testing and tracing. The actual prevention also has to get a larger portion. For example, actively conducting education and emphasise the three main health protocols. "Must educate the community for the fits to use masks, keep the distance and keep the cleanliness with diligent hand washing. Covid-19 is not only the real health problem, but also the social and economic growth, "this is according to Prof. Syafri. Therefore, the provincial government of South Sulawesi, especially the city of Makassar also began to promote the program Trisula, which integrates tracking, testing and education as a precautionary measure. Especially in the region that is now the epicenter of the spread of Covid-19, such as Kota Makassar with the number of cases 2,367 and East Luwu regency with the number of cases 451.

Covid 19 in Sociology of Health Perspective

Sociology of Health is a branch of health sciences that addresses public health issues. Sociological objects are interactions, both between human and human and the environment. The WHO defines healthy as the overall comfort status of physical, mental, social, and not just the absence of illness or disability.

People are social beings who always feel comfortable when they can make friends and communicate with their neighbor. In addition to the positive aspects that are obtained when human beings interact with each other, unisex negative things that may arise and one of them is the transmission of disease from human to other human beings.

According to one citizen of Makassar said the following: the activity of citizens is difficult to avoid, we need other people, but we also need healthy, na while the transmission of this virus through physical contact so use mask, wash hands and limit the aktivitas that can be done, the issue of many people will not obey (interview mother M, July 2020)

The transmission of Covid-19 through droplets is a form of human interaction that in their social life, each other, stand with each other, chatting, and turned out through such interactions that the virus then spread. Physical and social distancing efforts are said to be an effective effort to prevent the spread of Covid-19. People's disobedience to distancing will cause the Covid-19 pandemic to become worse and the more victims fall.

Public understanding healthy is a condition not sick. Pain can occur due to a germ or microbial infection into the human body and its infectious nature. There is also a degenerative pain that damages the body's organs (heart, stroke, hypertension, diabetes) because the diet and lifestyle is not appropriate. Covid-19 is a viral infection that is currently spreading rapidly and difficult to overcome because it has not found a vaccine to prevent the virus.

In the physical use of a sick condition can be denied when we have good body resistance. The Korona Virus will increasingly

infect older people whose immunity is diminished due to age factor. However, it is now increasingly realized that not only the elderly are experiencing fatal effects due to this virus. The high mortality rate also threatens young or middle-aged people who are exposed to Covid-19.

In achieving high immunity then many circulate information in the community so that we diligently eat empon-empon (turmeric, ginger, kencur etc.). In addition, consuming vitamin C, vitamin E, and vitamin B6 supplements are also touted to increase the degree of immunity. Nutritious diet and always eat vegetables/fruit and keep exercising even when WFH (work from Home) is also recommended so that the virus does not infect our body.

Furthermore, the healthy meaning of psychiatric is the onset of happiness, the serenity of the mood, the feeling of being balanced, and away from stress. It turns out that it's hard to achieve amid the Covid-19 outbreak attacks that make everyone waswas. Stress now struck street vendors, informal workers, unfixed daily workers, and even middle-to-large entrepreneurs. Why? Physical and social distancing recommendations (although not yet fully complied) have made the economy wheels stalled. Then the road is now increasingly deserted, people fear out the house, and arise worries when clustered. The economic life of the dead Suri causes the poor to get poor and vulnerable to poverty falling into the valley. This condition certainly interferes with the peace of mind of everyone who is directly or indirectly victims due to the outbreak of the Covid-19 plague.

Covid-19 eats victims and destroys the economic life of indiscriminately. The airline began to halt its aircraft operations. This has an impact on the death of tourism sector. The Mal-Maldan restaurant should be closed to reduce the crowd so it certainly causes the stop of the middle-class economy to the top. The people of the have (able) have difficulty in fulfilling their needs. Not so with the community the have not (underprivileged) that when the economy is stopped, they no longer have the purchasing power. Family food security becomes a stake, eventually they mortgaged whatever valuables it possesses or owes to relatives and neighbors.

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In the physical use of a sick condition can be denied when we have good body resistance. The Korona Virus will increasingly today because we want to avoid the plague. This is called the move from Sunnah to another Sunnah. Follow the MUT's recommendation on the ordinance of worship, hopefully this will be the solution to overcome the Covid-19.

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Happiness is a manifestation of psychological welfare manifestations. There are three types of happiness. First, happiness because it gets property to sustain family life and can meet the needs of children and wives. Secondly, happiness due to success in career and study. Third, happiness because it can be with someone he loves. Indirectly, Covid-19 can be a factor of disruptor for a person to achieve that happiness.

The welfare of the people of the spiritual aspect is also interrupted due to the advice to worship at home, while mosques or Musala only chant the azan and nothing/little in congregation. Moreover, when we enter the month of Ramadan, the atmosphere is very missed by world Muslims. The congregation of Soaat tarawih which usually fulfill the mosque now they are forced to run tarwih prayers at home. The spiritual aspect of worship in congregation is forced to be abandoned in emergencies such as

Covid-19 has demolished the joints of the lives of various nations in many countries. This is a great calamity. Experts from various fields of science now have to think loudly over health impacts, social impacts, and the economic impacts posed by

Covid-19. Hopefully the nation of Indonesia is immediately detached from this plague.

Conclusion

The social interkasi of the community directly affects the health aspects, where the virus corona spread through direct contact so that the restriction of activity is to be a solution, in addition to the immune system to affect the health aspect, so that the prevention must be carried out equally well through a healthy lifestyle, limiting interactions with fellow human beings, other than that the government needs to continually campaign healthy living and emphasize the Protocol macro health

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